



Resourceful Thinking

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ALZHEIMER'S FACTS & FIGURES 2017 RELEASED; INFORMATION HELPLINE AWARDED GRANT; MONROE COUNTY CARE CENTER RECERTIFIED

2017 ALZHEIMER'S FACTS & FIGURES RELEASED

2017 Alzheimer's Disease Facts and Figures is a statistical resource for U.S. data related to Alzheimer's disease, the most common cause of dementia. Background and context for interpretation of the data are contained in the overview. Additional sections address other aspects including prevalence, mortality and morbidity, caregiving, and use and costs of health care, long-term care and hospice. The Special Report examines what has been learned about the diagnosis of Alzheimer's disease through research, and how to identify and count the number of people with the disease in the future. The publication is produced by the Alzheimer's Association. Here are some of the facts that we now face with Alzheimer's disease and related dementias:

*An estimated 5.5 million Americans have Alzheimer's disease.

*85.3 million people are age 65 and older and approximately 200,000 are under age 65 (younger-onset Alzheimer's)

*Barring the development of a medical breakthrough, the number of people age 65 and older with Alzheimer's may nearly triple by 2050.

*Every 66 seconds someone in the US develops Alzheimer's, and by mid-century someone in the US will develop the disease every 33 seconds.

*Two-thirds of Americans over age 65 with Alzheimer's are women.

*Alzheimer's remains the only disease among the top 10 causes of death in America that cannot be prevented, cured or slowed.

*Total national cost of caring for those with Alzheimer's and other dementias is estimated at \$259 billion (excluding unpaid caregiving) of which \$175 billion is the cost to

Medicare and Medicaid alone.

*More than 15 million Americans provided unpaid care in the form of physical, emotional and financial support for the 5.5 million people with dementia.

*In 2016, Alzheimer's disease caregivers provided an estimated 18.2 billion hours of unpaid care – a contribution to the nation valued at \$230.1 billion.

The entire report can be found at

http://www.alz.org/documents_custom/2017-facts-and-figures.pdf

[Source: 2017 Alzheimer's Disease Facts & Figures, Alzheimer's Association, 2017]

INFORMATION HELPLINE GRANT

Information Helpline has received a grant from the WV Bureau of Senior Services to assist current Medicare enrollees to better understand additional benefits for which they may be eligible. Outreach

efforts will be targeted to Medicare recipients in 16 counties in WV. The overall objective is to increase awareness of available program benefits that when enrolled will help recipients save money on health care, prescriptions and food. Information Helpline can help identify assistance for Medicare Part D Extra Help, Medicare Savings Programs, Medicaid, Food Stamps / SNAP, and/or Utilities Assistance programs. For more information or to get help, call Information Helpline at 304 233-6300. Information Helpline is located at 51 – 11th Street, Suite 307, Wheeling WV.

MONROE COUNTY CARE CENTER RECERTIFIED

The Monroe County Care Center in Woodsfield Ohio has been recertified to provide care for Medicare and Medicaid patients. The Center's certificate was revoked in 2015. The facility had a final recertification inspection by the Ohio Department of Health on February 15 with positive results. The Monroe County Commissioners received an email from the Ohio Department of Health on Monday, March 6 containing certificate numbers from the Ohio Medicaid office and the Centers for Medicaid and Medicare Services for Medicare patients. It is reported that the Care Center is fully operational again for long term patients and skilled patients. The

facility also offers assisted living.

2017 PROGRAMS

We are working on our spring program schedule for the community (Personal Enrichment programs) and for professionals (workshops with continuing education credit).

HEALTHCARE DECISIONS

April 11, 2017

In observance of HealthCare Decisions Day, Robert Kolb of Valley Hospice will be with us to share information on Advance Directives and the importance of having these documents. Robert will also be available to help participants complete the documents so their wishes can be made known when they can't speak for themselves. The program will run from 2:00pm – 3:00pm, and will be held at First Christian Church, 1343 National Road, Wheeling WV.

ETHICS WORKSHOP

June 7, 2017

Ethics for WV social workers with CE credit Final details are incomplete. Call us or check our website for updates on fees, times and registration arrangements for this workshop.

EFFECTIVE COMMUNICATION STRATEGIES

June 21, 2017

In observance of Brain Health and Awareness Month and The Longest

Day, Morgan Pavol of the Mid-Ohio Valley office of the WV Alzheimer's Association will be presenting our program on communication strategies for those with dementia. We are partnering with Good Shepherd Nursing Home to bring this free program to the community. The program will be held at Good Shepherd in the staff education room from 2:00pm – 3:00pm with sign in starting at 1:30. Call us at 304 243-0996 or email akoegler@frontier.com to reserve your seat. Seating is limited.

Call Altenheim Resource & Referral Services at 304 243-0996 to reserve you seat for any of these programs.

ALZHEIMER'S & DEMENTIA UNIVERSITY

The WV Alzheimer's Association is offering Alzheimer's & Dementia University around WV and in Athens OH. The cost of the program is \$10 and Continuing Education Credit is available for an additional fee. Topics include Working with Your Doctor, Legal & Financial Considerations, Preserving Dignity and Connections in Your Community. For more information on the ADU near you, call 1 800 272-3900.

CAREGIVER SUPPORT FAIR

The 18th ANNUAL CAREGIVER SUPPORT FAIR will be held at the Ohio Valley Mall in St Clairsville Ohio on

Tuesday, May 2, 2017 from 10am – 3pm. Exhibitors will provide information, giveaways and health screens for Fair attendees. Entertainment is offered and a Fashion Show is held in the afternoon.

There is NO fee to exhibit although exhibitors need to register and most need to provide a certificate of liability insurance.

Exhibitors will have the opportunity to meet consumers, and a continental breakfast for Fair exhibitors offers an opportunity to network before the Fair opens.

The event is free and open to the public, and attendees can learn about services that are available to them whether they live in Ohio or West Virginia!

Want to participate? Have questions? Contact me at 304 243-0996 or akoegler@frontier.com for general information or to obtain registration information!

ADULT SERVICE GROUPS MEET IN THE AREA

The Belmont County Adult Services Coalition continues to meet on the first Thursday of the month at 2:00pm at Mark H. Kennedy Park, St Clairsville OH. The group focuses on networking, and those agencies providing services to older adults in Belmont County, Ohio are welcome to attend. Monthly speakers address issues relevant to older adults. For more information, contact Ann Koegler at 304 243-0996.

The Marshall County Adult Services group will be meeting the second Wednesday of the month at 2:00pm at Reynolds Memorial Hospital, Glen Dale WV in the Community Room. The group will focus on networking, and agencies providing services to older adults in Marshall County, WV are welcome to attend. For more information, contact Sarah Barickman at 304 281-8719.

The Jefferson County Senior Services group will be meeting the third Wednesday at 2:00pm at the Prime Time Office on Aging in Steubenville Ohio. The group will focus on networking and agencies providing services to older adults in Jefferson County, Ohio are welcome to attend. For more information, contact Melissa Evick at Melissa@jarvisfirm.com.

CAREGIVER SUPPORT GROUP

The Alzheimer's Caregiver Support Group meets the first Wednesday of the month downstairs at First Christian Church, 1343 National Road, Wheeling WV. The meetings are led by facilitator Chris Gillis and run from 6:00pm – 7:00pm. For more information, contact Chris at 304 780-6504.

CAN WE HELP YOU?

People may need help as caregivers or care receivers, and often don't know where to turn for information. Altenheim Resource & Referral Services has been

helping seniors, caregivers and professionals locate services and learn about aging issues for over 22 years.

We also offer programs and workshops. Personal Enrichment Programs are free and open to the public and cover topics such as dementia, Medicare and legal issues. Workshops with Continuing Education Credit are offered for social workers and nurses.

Let us help. We serve anyone in need of assistance regardless of location, age or income. Consultation, information, and referrals are provided without charge and remain confidential. If we are unavailable and you need to leave a message, our answering system is easy – just speak after the beep!

Do you need someone to speak to your group about aging and caregiving? Feel free to call us at 304 243-0996, email Ann at akoegler@frontier.com or contact us through our web site at www.altenheimcommunity.com. We'd be happy to help you!

Let us be
Your Gateway to
Senior Care!

Our Hours:
Monday – Friday
8am – 4pm



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