

# Altenheim Resource Services

# Timely Resources



July 27, 2021

### Controversy Over Aduhelm®

The newly approved Alzheimer's drug continues to cause concerns. Two major facilities will not administer the drug, and there have been calls for investigation into the approval and the contact with the drug's maker Biogen before the drug's approval.

#### 31st Anniversary of ADA

The Americans with Disabilities Act turns 31 on July 31! The West Virginia University Centers for Excellence in Disabilities offers a <u>fact sheet on the ADA</u> as well as <u>a resource library</u>, workshops, programs, and information for consumers. <u>West Virginia Assistive Technology System</u> offers a loan library for consumers consisting of equipment, videos, communication devices, and more. You can reach the Assistive Technology of Ohio office <u>here</u>.

#### **Supporting Community Agencies**

You can provide support to charitable organizations and you don't have to change your routine. Do you shop on Amazon? Go to AmazonSmile and learn how to designate the charity of your choice. Do you get groceries at Kroger? Go to their Community Rewards website and designate your charity. Several organizations offer gift cards with a portion of the sales going to the organization. You can purchase gift cards when you drop off your dry cleaning or after church services. Ask those you want to support about gift card sales.

### **Behavioral Health Training Series with Free CEs**

Marshall University and the WV Department of Health and Human Services' Behavioral Health Workforce & Health Equity Training Center will be offering several programs with free Continuing Education. For more information, go to the <a href="https://www.wv.energia.com/wv.energia

#### **APPRISE in PA Has New Name**

For our Pennsylvania readers and those who serve Pennsylvania consumers, APPRISE is now called Pennsylvania Medicare Education & Decision Insight or PA MEDI. This is Pennsylvania's health insurance information program. Get more information on Pennsylvania's program <a href="here">here</a>. This site will guide PA consumers to the office in their area.

#### **Caregiver Salary Calculator**

Research shows that the number of unpaid caregivers has increased. Daughters, sons, children-in-law, spouses, and friends offer care and support to the many who need help. (See following *Report on Aging*.) Do you know what that care is worth? <u>Caregiving.com</u> offers consumers <u>a Salary Calculator</u>. What is your caregiving worth? In addition to the Caregiver Salary Calculator, this website offers information covering many areas of caregiving.

### **Report on Aging**

The National Alliance for Caregiving (NAC) and AARP offer the 2020 Report Aging in America. You can download the full report, the component that focuses on caring for those 18 – 49 years and/or the component that focuses on caring for those over 50. There are also reports on specific groups such as Rural Caregivers and Millenial Caregivers. The NAC also offers e-newsletters with current information as well as information on international trends.

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#### **Substance Abuse Training at WVNCC**

WV Northern Community College is offering certification programs for substance abuse practitioners. One program is a 29-credit hour program, the other is a 60-credit hour program. Financial aid is available. For more information, contact Brianna Hickman, manager of the substance abuse prevention program, at 304 214-8998 or bhickman@wvncc.edu.

## **Fair Housing Law Center**

The SW Pennsylvania office of the <u>Fair Housing Law Center</u> covers the northern panhandle of WV and 28 counties in PA providing advocacy, education, and outreach for those who believe they have been discriminated against. The goal is to identify and eliminate housing discrimination. Contact Jessica Luisi at <u>Jessica@splas.org</u> for more information.

#### **Vaccination Information Available**

Covid vaccines are widely available for all age groups.

Check out West Virginia availability here.

Check out Ohio availability here.

Do you think the technology is too new? Read this article from the University of Alabama at Birmingham on the history of the mRNA process. (Spoiler: the technology is not new.)

#### **Beth Zebick Retiring**

Best wishes to Beth Zebick Community Education and Outreach Coordinator at WVU/Wheeling Hospital. Beth, who has worked on Safety Town as well as many other health fairs and events, will be 'enjoying' her last day on July 30. You will be missed, Beth!

### **Workshop Save the Date**

Our workshop committee is working on a combined ethics and veterans workshop to be held on October 26, 2021. We hope to offer the workshop in person. CEUs have been requested from the WV Board of Social Work. Information will be provided for participant registration once details are finalized.

### **Affinity Scams**

<u>Affinity scams</u> are those scams perpetrated by people with whom we identify. It could be a faith leader or someone thought to be a veteran buddy. It could be someone posing as an older adult peer, civic group peer, professional peer, or a member of an ethnic group. These scammers take advantage of our innate trust of someone or some group with whom we identify. Unfortunately, scammers are everywhere, and do not hesitate to pose as someone we may trust.

# Check out these Timely Resources

Resources to use and share

The National Alliance for Caregiving offers information for and about caregivers.

<u>AARP</u> often associated with only older adults offers information and advocacy that impacts everyone across the age range.

Caregiving.com offers consumers information on caregiving and from caregivers.

<u>Ohio Developmental Disabilities Council</u> offers a collection of links to websites offering information on assistive technology.

<u>WVU Center for Excellence in Disabilities</u> offers information for those with differing abilities, workshops and trainings.

West Virginia Assistive Technology offers an assistive technology loan library.



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# Altenheim Retirement Community

Altenheim Retirement Community 130 years of housing for older adults 1891-2021

Celebrating 130 years

Altenheim Retirement Community is located behind our Main House at 1387 National Road, Wheeling. Close to medical care, churches, shopping, restaurants, groceries, and other conveniences.

Offering 8 independent cottages for women, men, and couples who are 65 and older.

Two bedroom, two bath, living room, kitchen room, dining room

Stove, refrigerator, dishwasher, microwave, washer and dryer are included.

Lawn care, snow removal, general maintenance, general repairs included in monthly rent. Utilities are not included.

George A. Dakovic, Executive Director <a href="mailto:gam.dakovic@gmail.com">gam.dakovic@gmail.com</a>







### Altenheim Resource Services

Altenheim Resource Services, a division of Altenheim Retirement Community

Offering information on aging, services and resources for older adults and caregivers for over 25 years

Free & confidential information and no geographic limitations

Ann Koegler, M.A., L.S.W., Resource Services Coordinator <u>Akoegler1995@gmail.com</u>

https://www.altenheimcommunity.com

Information on Altenheim, calendar of events, blog, and a photo gallery

Contact us at 304 280-8701 with questions about resources and issues concerning older adults and caregiving.

