

## GETTING TO KNOW YOU....INFORMATION on CARE RECEIVERS I

Basic information on your loved one can be helpful when adjusting to a new environment. Medical records, family and contact information are required by the facility. The more the facility knows about our loved one, the better they can adjust to them as individuals.

There is other information we can provide that will individualize the quality of the care received by the resident with a smoother, more rapid and possibly more comfortable transition.

Information on the individual's likes, dislikes can guide the facility in providing care with a focus on individual quality. Our family member may like to be called by a certain name or nickname or our family member may no longer recognize that she is "Mom" or "Dad".

Following are some items that you may want to share with the staff to help them become acquainted with your loved one. The information can be kept in a booklet in the resident's room for the staff to review.

### CARE RECIPIENT INFORMATION

Name  
Nickname  
Spouse's name (or spouses' names)  
Date of birth  
Where were they born  
Childhood home  
Where they lived as a child  
Where they went to school  
Who were childhood friends  
Parents' names  
Siblings' names  
Pets' names  
Favorite foods (meats, vegetables, fruits, desserts, snacks)  
Least favorite foods  
Usual bathtime  
Usual bedtime  
Awakens at \_\_\_ a.m.  
Strange behaviors  
Things that may agitate  
Things that may calm  
Likes  
Dislikes  
Special skills  
Favorite activities, hobbies or interests  
Food intolerances  
Animal experiences – good or bad  
Special dietary needs  
"Family" history issues

(Incidents that may evoke a catastrophic reaction or other negative emotion. This may be something such as abuse in childhood or another trauma such as a near death experience.)

These things may help smooth the transition of moving to a care facility and will help the staff know your loved one.

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