



Resourceful Thinking

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BE ON GUARD FOR FINANCIAL EXPLOITATION; SPRING PROGRAMS ON THE CALENDAR

FINANCIAL EXPLOITATION A COSTLY PROBLEM FOR SENIORS

Our older adults are often the victims of financial exploitation by people they think they can trust. The older adult is struggling to maintain their independence, and often rely on those who turn out to be people who will exploit them financially. It might be a trusted family member or it might be a 'professional' criminal.

The amount of money and property that exploiters gain is staggering. A MetLife study reported that the annual financial loss by victims of elder financial abuse is estimated to be at least \$2.9 billion dollars. (The MetLife Study of Elder Financial Abuse, June 2011.) That is not a misprint --- \$2.9 BILLION dollars! Just imagine what \$2.9 billion dollars could mean to seniors and other vulnerable adults.

Bank accounts may be emptied, furniture sold, jewelry and other valuables

liquidated. The trusted person diverts the victim's assets to their own use.

Financial exploitation is a crime. If you think you or someone you know is being victimized, contact the police, Adult Protective Services or Legal Aid.

[Source: The State Journal; April 17-23, 2017; "Task Force Fights Back Against Elder Financial Abuse"]

SPRING PROGRAMS

We are working on our spring program schedule for the community (Personal Enrichment programs) and for professionals (workshops with continuing education credit).

ETHICAL PRACTICE WITH ADDICTION

DATE: June 7, 2017

PLACE: WV Northern Community College B & O Building Auditorium

TIME: 8:30am-10:30am

Registration at 8:00am

COST: \$20.00

Make checks payable to Altenheim Resource & Referral, and mail to

ARRS, 1387 National Road, Wheeling WV 26003 by June 1. Seating is limited. Pre-paid only. No payment accepted at the door.

Ethics are the foundation of effective service delivery. In this workshop, we will review the NAADC Code of Ethics, discuss the recent changes, and explore methods to utilize these changes in our current addiction and recovery practices.

CEU CREDIT: 2 credit hours for WV social workers upon completion

GUEST PRESENTER:
Rhonda Hayes, MSW, LICSW, AADC

EFFECTIVE COMMUNICATION STRATEGIES

DATE: June 21, 2017

PLACE: Good Shepherd Nursing Home, 159 Edgington Lane, Wheeling WV

TIME: 2:00pm – 3:00pm

Registration at 1:30pm

No CEU credit

GUEST PRESENTER:
Morgan Pavol, Program Coordinator, WV Alzheimer's Association, Mid-Ohio Valley office

Communication is more than just talking and listening - it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

This program is in observance of Brain Health and Awareness Month and The Longest Day. We are partnering with Good Shepherd Nursing Home to bring this free program to the community. The program will be held at Good Shepherd in the staff education room. Call us at 304 243-0996 or email akoegler@frontier.com to reserve your seat. Seating is limited.

(For other programs presented by the WV Alzheimer's Association, go to www.alz.org/wv and click on Community Education.)

ALZHEIMER'S & DEMENTIA UNIVERSITY

The WV Alzheimer's Association is offering Alzheimer's & Dementia University at the West Liberty University Highlands Center, 355 Wharton Circle, Ste 200, Triadelphia WV on June 27. This is a conference for

family caregivers and healthcare professionals. The cost of the program is \$10 and Continuing Education Credit is available for an additional fee. Topics include Working with Your Doctor (James Comerchi, MD), Legal & Financial Considerations (Cathy McConnell, Esq), Preserving Dignity (Morgan Pavol) and Connections in Your Community (Ann Koegler, MA, LSW). For more information on the ADU, call 1 800 272-3900. Alzheimer's & Dementia University programs are held around the state. Call the WV Alzheimer's Association for a program near you!

ALZHEIMER'S A-4 STUDY

The A4 study tests whether an investigational drug (solanezumab) can slow the progression of memory problems associated with amyloid, a protein that forms plaques in the brains of people with Alzheimer's disease. Participants who have normal thinking and memory function but may be at risk for developing Alzheimer's dementia may qualify to be participants. Volunteers will undergo a positron emission tomography (PET) scan to determine their brain amyloid levels.

The A4 study is a Phase III clinical trial for cognitively normal older adults whose brain scans show evidence of amyloid buildup which places them at risk for memory loss and cognitive

decline associated with Alzheimer's. The study will test the safety and efficacy of solanezumab, a monoclonal antibody, to see if it slows memory and cognitive decline and affects the buildup of amyloid plaques, as shown by brain imaging and other biomarkers. Participants will take either the study drug or a placebo as a monthly intravenous infusion for three years. Participants who do not qualify for the A4 may be able to participate in a related study. For more information about the A4 trial or study sites, call 1 844 247-8839. The University of Pittsburgh recruiting site number is 412 692-2730. Additional information may be found at the A4 website at www.a4study.org or the National Institutes on Aging website at www.nia.nih.gov.

NEWS SHORTS

CAREGIVER SUPPORT FAIR

The 18th ANNUAL CAREGIVER SUPPORT FAIR was held on Tuesday, May 2, 2017. We had 80 exhibitors providing information on services for our area's older adults and caregivers. Many thanks to our exhibitors, and all who attended and helped support the event! Thanks to Riesbeck's who once again provided cake, our entertainers (Marilyn Delman, the Chrisagis Brothers, and Roz & Lynn), Steve Masure, the Mall merchants, the Belmont County Sheriff's Office and to the planning committee.

ADULT SERVICE GROUPS

The Belmont County Adult Services Coalition continues to meet on the first Thursday of the month at 2:00pm at Mark H. Kennedy Park, St Clairsville OH. The group focuses on networking and providing information relevant to those serving older adults. We welcome agencies providing services to older adults in Belmont County, Ohio and the surrounding areas. Monthly speakers address issues relevant to older adults. For more information, contact Ann Koegler at 304 243-0996.

The Marshall County Adult Services group meets the second Wednesday of the month at 2:00pm at Reynolds Memorial Hospital, Glen Dale WV in the Community Room. Agencies providing services to older adults in the Marshall County, WV area are welcome to attend. For more information, contact Sarah Barickman at 304 281-8719.

The Jefferson County Senior Services group meets the third Wednesday at 2:00pm at the Prime Time Office on Aging in Steubenville Ohio. Agencies providing services to older adults in the Jefferson County, Ohio area are welcome to attend. For more information, contact Melissa Evick at Melissa@jarvisfirm.com.

CAREGIVER SUPPORT GROUPS

Alzheimer's Support Group
The Alzheimer's Caregiver Support Group meets the first Wednesday of the

month downstairs at First Christian Church, 1343 National Road, Wheeling WV. The open meetings are led by facilitator Chris Gillis and run from 6:00pm – 7:00pm. For more information, contact Chris at 304 780-6504.

Lewy Body Support Group
The Lewy Body Caregiver Support Group meets the first Thursday of the month at Christ United Methodist Church, 1232 National Road, Wheeling from 6pm-7pm. Contact Lori at 304 281-5778 for information.

WITH OUR THANKS

We'd like to thank Tammy Giles, Adena Health & Rehabilitation, for the insert this month on "Choosing the Right Rehabilitation Center". The tip sheet (written by Adena's Administrator Luan Mizer) offers sound information for consumers who are looking for rehabilitative care. As the information sheet notes, you are your own best health advocate. Explore your options and, if possible, visit the facilities in which you are interested! [Inclusion does not indicate endorsement of specific facilities.]

CAN WE HELP YOU?

People may need help as caregivers or care receivers, and often don't know where to turn for information. Altenheim Resource & Referral Services has been helping seniors, caregivers and professionals locate services and learn about

aging issues for over 22 years.

We also offer programs that are free and open to the public, and also workshops with Continuing Education Credit for social workers and nurses.

Let us help. We serve anyone in need of assistance regardless of location, age or income. Consultation, information, and referrals are provided without charge and remain confidential. If we are unavailable and you need to leave a message, our answering system is easy – just speak after the beep!

Do you need someone to speak to your group about aging and caregiving? Feel free to call us at 304 243-0996, email Ann at akoegler@frontier.com or contact us through our web site at www.altenheimcommunity.com. We'd be happy to help you!

**Let us be
Your Gateway to
Senior Care!**

**Hours:
Monday – Friday
8am – 4pm**

**Altenheim
Administrative Building
1387 National Road
Wheeling WV 26003**



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